Write a few paragraphs assessing your participation and contributions to classroom discussions and assign yourself a grade from 0 to 5. Take into account all the course meetings and the various kinds of participation you had: listening to presentations, presenting, engaging in communication workshops, working independently, working with peers, giving and receiving feedback.

Use the following questions to guide your assessment.

1. To what extent did you read the assigned materials and attempt to synthesize the readings, to identify concepts you didn’t understand?

2. How did you make an effort to contribute to discussions? Did you avoid dominating discussion? Did you use discussions as opportunities to expand your understanding of the topics at hand?

3. How thoroughly did you prepare for the workshops and how actively did you participate in them?

4. Were you respectful and constructive when giving feedback to your peers?

5. In what ways did your presentation skills improve and grow over the semester? What was most helpful in encouraging this growth?