Write a few paragraphs assessing your participation and contributions to classroom discussions and assign yourself a grade from 0 to 5. Take into account all the course meetings and the various kinds of participation you had: listening to presentations, presenting, engaging in communication workshops, working independently, working with peers, giving and receiving feedback.

Use the following questions to guide your assessment.

- 1. To what extent did you read the assigned materials and attempt to synthesize the readings, to identify concepts you didn't understand?
- 2. How did you make an effort to contribute to discussions? Did you avoid dominating discussion? Did you use discussions as opportunities to expand your understanding of the topics at hand?
- 3. How thoroughly did you prepare for the workshops and how actively did you participate in them?
- 4. Were you respectful and constructive when giving feedback to your peers?
- 5. In what ways did your presentation skills improve and grow over the semester? What was most helpful in encouraging this growth?